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# Riesz polarization inequalities in higher dimensions

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#### Abstract

We derive bounds and asymptotics for the maximum Riesz polarization quantity

$$M_n^p(A) \coloneqq \max_{\mathbf{x}_1, \mathbf{x}_2, \dots, \mathbf{x}_n \in A} \min_{\mathbf{x} \in A} \sum_{j=1}^n \frac{1}{|\mathbf{x} - \mathbf{x}_j|^p}$$

(which is *n* times the Chebyshev constant) for quite general sets  $A \subset \mathbb{R}^m$  with special focus on the unit sphere and unit ball. We combine elementary averaging arguments with potential theoretic tools to formulate and prove our results. We also give a discrete version of the recent result of Hardin, Kendall, and Saff which solves the Riesz polarization problem for the case when A is the unit circle and p > 0, as well as provide an independent proof of their result for p = 4 that exploits classical polynomial inequalities and yields new estimates. Furthermore, we raise some challenging conjectures.

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# 1. Introduction

For  $n \in \mathbb{N}$ , let  $\omega_n = {\mathbf{x}_1, \mathbf{x}_2, \dots, \mathbf{x}_n}$  denote *n* (not necessarily distinct) points in *m*-dimensional Euclidean space  $\mathbb{R}^m$ . We define for p > 0 and a compact set  $A \subset \mathbb{R}^m$ , the *Riesz* 

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polarization quantities

$$M^{p}(\omega_{n}, A) \coloneqq \min_{\mathbf{x} \in A} \sum_{j=1}^{n} \frac{1}{|\mathbf{x} - \mathbf{x}_{j}|^{p}}, \qquad M^{p}_{n}(A) \coloneqq \max_{\omega_{n} \subset A} M^{p}(\omega_{n}, A).$$
(1.1)

Such max-min quantities for potentials were first introduced by M. Ohtsuka who explored (for very general kernels) their relationship to various definitions of capacity that arise in electrostatics (see [17]). In particular, he showed that for any compact set  $A \subset \mathbb{R}^m$  the following limit, called the *Chebyshev constant* of A, exists as an extended real number:

$$\mathcal{M}^{p}(A) \coloneqq \lim_{n \to \infty} \frac{M_{n}^{p}(A)}{n}.$$
(1.2)

Moreover, he showed that  $\mathcal{M}^p(A)$  is not smaller than the Wiener constant  $W_p(A)$  for A (see Section 2). In this paper we primarily focus on results when the set A is the unit sphere or the unit ball and consider both the cases when the limit (1.2) is finite and when it is infinite.

In his Ph.D. dissertation [1], G. Ambrus proved the following basic result for the case when  $A \subset \mathbb{R}^2$  is the unit circle  $\mathbb{S}^1$  and p = 2.

**Theorem 1.1.** We have

$$M_n^2(\mathbb{S}^1) = \frac{n^2}{4}, \quad n \ge 1,$$
 (1.3)

and  $M^2(\omega_n, \mathbb{S}^1) = n^2/4, \omega_n \subset \mathbb{S}^1$ , if and only if the *n* points of  $\omega_n$  are distinct and equally spaced on  $\mathbb{S}^1$ .

In [2], Ambrus's rather technical proof along with a simpler proof based on Bernstein's inequality [3] for entire functions are presented. Bernstein's inequality was also used in [2] to provide an equally simple proof of the following estimates for the unit circle.

**Theorem 1.2.** *For*  $n \ge 2$  *we have* 

$$M_n^p(\mathbb{S}^1) \le \begin{cases} c_p n^p, & p > 1, \\ c_1 n \log n, & p = 1, \\ \frac{c_0 n}{1 - p}, & p \in [0, 1). \end{cases}$$

for some constants  $c_p > 0$  depending only on  $p \ge 1$  and an absolute constant  $c_0 > 0$ .

In Section 2 we use minimum energy methods and potential theory to obtain estimates for  $M_n^p(A)$  for a large class of sets  $A \subset \mathbb{R}^m$ . In Section 3 we apply the results of Section 2 to obtain higher dimensional analogs of Theorem 1.2 for the unit sphere as well as for the unit ball.

In Section 4 we return to the case of the unit circle of the complex plane. For all p > 0, it is conjectured in [2] that the maximum polarization on  $\mathbb{S}^1$  occurs for the *n*-th roots of unity  $\omega_n^* := \{e^{i2\pi k/n} : k = 1, 2, ..., n\}$ ; that is,

$$M_n^p(\mathbb{S}^1) = M^p(\omega_n^*, \mathbb{S}^1). \tag{1.4}$$

This conjecture was recently proved by Hardin, Kendall, and Saff in [9]. Here, we provide some additional consequences of their argument. Furthermore, by exploring connections to classical

polynomial inequalities, we provide an independent proof of the conjecture for p = 4, namely that

$$M_n^4(\mathbb{S}^1) = \frac{n^4}{48} + \frac{n^2}{24},\tag{1.5}$$

where the maximum is attained for n distinct equally spaced points on the unit circle. Although our argument (obtained prior to the general result in [9]) is not brief, it does yield additional inequalities for the discrete Riesz potential in this special case.

In Section 5, we provide the proofs of results stated in Sections 2 and 3.

We call the reader's attention to two recent articles [15,16] that contain somewhat related results for the extrema of sums of certain powered distances to finite point sets.

# 2. Polarization inequalities via energy methods

For a set  $\omega_n = {\mathbf{x}_1, \mathbf{x}_2, ..., \mathbf{x}_n}$  of  $n \geq 2$  distinct points in  $\mathbb{R}^m$ , we define the *Riesz p-energy* of  $\omega_n$  by

$$E_p(\omega_n) \coloneqq \sum_{j \neq k} \frac{1}{|\mathbf{x}_j - \mathbf{x}_k|^p} = 2 \sum_{1 \leq j < k \leq n} \frac{1}{|\mathbf{x}_j - \mathbf{x}_k|^p},$$

and we consider the *minimum n-point Riesz p-energy* of an infinite compact set  $A \subset \mathbb{R}^m$  defined by

$$\mathcal{E}_p(A;n) := \min\{E_p(\omega_n) : \omega_n \subset A, |\omega_n| = n\}.$$
(2.1)

We denote by  $\omega_{n,p}^* = {\mathbf{x}_1^*, \mathbf{x}_2^*, \dots, \mathbf{x}_n^*}$  an *n*-point *p*-energy minimizing configuration on *A*; i.e.,  $E_p(\omega_{n,p}^*) = \mathcal{E}_p(A; n)$ . Further we denote by  $U_{n,p}^*(\mathbf{x})$  the potential function associated with  $\omega_{n,p}^*$ ; i.e.,

$$U_{n,p}^*(\mathbf{x}) := \sum_{j=1}^n |\mathbf{x} - \mathbf{x}_j^*|^{-p}.$$

It is well-known (and easy to show) that

$$(n-1)\mathcal{E}_p(A; n+1) \ge (n+1)\mathcal{E}_p(A; n),$$
 (2.2)

from which it follows that

$$C^{*}(A, n, p) := \min\{U_{n, p}^{*}(\mathbf{x}) : \mathbf{x} \in A\} \ge \frac{1}{n - 1} \mathcal{E}_{p}(A; n);$$
(2.3)

indeed, we have

$$2C^*(A, n, p) + \mathcal{E}_p(A; n) \ge \mathcal{E}_p(A; n+1),$$

and after multiplying this inequality by n - 1 and applying (2.2), we get (2.3). Thus lower estimates for  $\mathcal{E}_p(A; n)$  yield lower estimates for  $M_n^p(A)$ .

We next mention some known asymptotic results for  $\mathcal{E}_p(A; n)$  as  $n \to \infty$ . The following theorem appearing in [10,4] has been referred to as the *Poppy-seed Bagel Theorem* because of its interpretation for distributing points on a torus.

**Theorem 2.1.** Let  $d \in \mathbb{N}$  and  $A \subset \mathbb{R}^m$  be an infinite compact d-rectifiable set. Then for p > dwe have

$$\lim_{n \to \infty} \frac{\mathcal{E}_p(A;n)}{n^{1+p/d}} = \frac{C_{p,d}}{\mathcal{H}_d(A)^{p/d}},\tag{2.4}$$

where  $C_{p,d}$  is a finite positive constant (independent of A and m) and  $\mathcal{H}_d(\cdot)$  denotes the ddimensional Hausdorff measure in  $\mathbb{R}^m$  normalized so that an embedded d-dimensional unit cube has measure 1.

By a *d*-rectifiable set we mean the Lipschitz image of a bounded set in  $\mathbb{R}^d$ .

In [13, Theorem 3.1] it is shown that  $C_{p,1}$  can be expressed in terms of the classical Riemann zeta function; namely  $C_{p,1} = 2\zeta(p)$ . For  $d \ge 2$  the precise value of  $C_{p,d}$  is not known. The significance (and difficulty) of determining  $C_{p,d}$  is deeply rooted in its connection to densest sphere packings in  $\mathbb{R}^d$ . For d = 2 it is conjectured in [11] that  $C_{p,2} = (\sqrt{3}/2)^{p/2} \zeta_L(p)$ , where L denotes the planar hexagonal lattice of points  $m(1,0) + n(1/2,\sqrt{3}/2)$ ,  $m, n \in \mathbb{Z}$ , and  $\zeta_L$  is the Epstein zeta function  $\zeta_L(p) := \sum_{X \in L, X \neq 0} |X|^{-p}$ . Concerning lower estimates for  $C_{p,d}$ , it follows from [6, Proposition 4] that, for  $p > d \ge 2$ 

and  $\frac{1}{2}(p-d)$  not an integer,

$$C_{p,d} \ge \frac{d\pi^{p/2}}{p-d} \left( \frac{\Gamma\left(1+\frac{p-d}{2}\right)}{\Gamma\left(1+\frac{p}{2}\right)} \right)^{p/d}.$$
(2.5)

For the case p = d, the minimum p-energy grows like  $n^2 \log n$ . The following result is given in [10].

**Theorem 2.2.** Let  $d \in \mathbb{N}$  and A be an infinite compact subset of a d-dimensional  $C^1$ -manifold embedded in  $\mathbb{R}^m$ . Then

$$\lim_{n\to\infty}\frac{\mathcal{E}_d(A;n)}{n^2\log n}=\frac{\beta_d}{\mathcal{H}_d(A)},$$

where  $\beta_d$  is the volume of the *d*-dimensional unit ball.

For the case when 0 , the Hausdorff dimension of A, a theorem fromclassical potential theory (cf., e.g. [12]) asserts that

$$\lim_{n \to \infty} \frac{\mathcal{E}_p(A; n)}{n^2} = W_p(A), \tag{2.6}$$

where  $W_p(A)$  is the so-called *Wiener constant* defined by

$$W_p(A) := \inf \iint \frac{1}{|\mathbf{x} - \mathbf{y}|^p} d\mu(\mathbf{x}) d\mu(\mathbf{y}),$$

the infimum being taken over all Borel probability measures  $\mu$  supported on A.

From the above results and observations we immediately obtain the following.

**Theorem 2.3.** If  $A \subset \mathbb{R}^m$  is an infinite compact set, then

$$M_n^p(A) \ge \frac{1}{n-1} \mathcal{E}_p(A; n), \quad n \ge 2.$$
 (2.7)

*Let*  $d \in \mathbb{N}$ *. If* A *is* d*-rectifiable, then* 

$$\liminf_{n \to \infty} \frac{M_n^p(A)}{n^{p/d}} \ge \frac{C_{p,d}}{\mathcal{H}_d(A)^{p/d}}, \quad p > d,$$
(2.8)

where the constant  $C_{p,d}$  is given in Theorem 2.1.

If A is any infinite compact subset of a d-dimensional  $C^1$ -manifold, then

$$\liminf_{n \to \infty} \frac{M_n^d(A)}{n \log n} \ge \frac{\beta_d}{\mathcal{H}_d(A)}, \quad p = d.$$
(2.9)

If A is any infinite compact subset of  $\mathbb{R}^m$ , then

$$\mathcal{M}^p(A) = \lim_{n \to \infty} \frac{M_n^p(A)}{n} \ge W_p(A), \quad 0 
(2.10)$$

We remark that inequality (2.7) appears in [7,8]. Also, as previously mentioned, the inequality (2.10) is proved in [17]. Moreover, it follows from [7, Theorem 11] that equality holds in (2.10) whenever the maximum principle is satisfied on A for Riesz potentials having kernel  $K(\mathbf{x}, \mathbf{y}) = |\mathbf{x} - \mathbf{y}|^{-p}$ .

Regarding upper bounds for  $M_n^p(A)$ , standard arguments (see Section 5) yield the following.

**Theorem 2.4.** Let  $A \subset \mathbb{R}^m$  be an infinite compact set. If  $\mathcal{H}_d(A) > 0$ , then there exists a constant  $c_p > 0$  depending only on p such that

$$M_n^p(A) \le \frac{c_p}{p-d} n^{p/d}, \quad p > d, \ n \ge 1,$$
(2.11)

and there exists an absolute constant  $c_1 > 0$  such that

$$M_n^d(A) \le c_1 n \log n, \quad p = d, \ n \ge 2.$$
 (2.12)

If there exists a probability measure  $\mu_A$  supported on A whose p-potential is bounded on A, say

$$\int \frac{1}{|\mathbf{x} - \mathbf{y}|^p} \, d\mu_A(\mathbf{y}) \le w_p, \quad \mathbf{x} \in A,$$

then

$$M_n^p(A) \le nw_p, \quad p > 0, \ n \ge 1.$$
 (2.13)

The essential property used in the proof of Theorem 2.4 given in Section 5 is that *A* is upper *d*-regular with respect to a Borel probability measure  $\mu$  supported on *A*; that is, there exists a positive constant  $C_0$  such that for any open ball  $B^m(\mathbf{x}, r) \subset \mathbb{R}^m$  with center  $\mathbf{x} \in A$  and radius r > 0 there holds

$$\mu(B^m(\mathbf{x}, r) \cap A) \le C_0 r^d. \tag{2.14}$$

This property is a consequence of Frostman's Lemma (see [14, Chapter 8]).

132

# 3. Polarization inequalities for the unit sphere and unit ball

Let

$$\mathbb{S}^d := \{ \mathbf{x} \in \mathbb{R}^{d+1} : |\mathbf{x}| = 1 \} \quad \text{and} \quad \mathbb{B}^d := \{ \mathbf{x} \in \mathbb{R}^d : |\mathbf{x}| \le 1 \}.$$
(3.1)

Utilizing the results of Section 2 together with the known facts (cf. [12]) that

$$W_{p}(\mathbb{S}^{d}) = \iint \frac{1}{|\mathbf{x} - \mathbf{y}|^{p}} d\sigma_{d}(\mathbf{x}) d\sigma_{d}(\mathbf{y})$$
  
=  $2^{d-p-1} \frac{\Gamma\left(\frac{d+1}{2}\right) \Gamma\left(\frac{d-p}{2}\right)}{\sqrt{\pi} \Gamma\left(d - \frac{p}{2}\right)}, \quad 0 (3.2)$ 

where  $\sigma_d$  denotes the normalized surface area on  $\mathbb{S}^d$ , and

$$W_p(\mathbb{B}^d) = \frac{\Gamma\left(\frac{d-p}{2}\right) \Gamma\left(\frac{p}{2}+1\right)}{\Gamma\left(\frac{d}{2}\right)}, \quad d-2 \le p < d, \ p > 0,$$
(3.3)

we shall prove the following two theorems.

**Theorem 3.1.** For the sphere  $\mathbb{S}^d$ ,  $d \ge 2$ , we have

$$\liminf_{n \to \infty} \frac{M_n^p(\mathbb{S}^d)}{n^{p/d}} \ge C_{p,d} \left( \frac{\Gamma\left(\frac{d+1}{2}\right)}{2\pi^{(d+1)/2}} \right)^{p/d}, \quad p > d;$$
(3.4)

$$\lim_{n \to \infty} \frac{M_n^p(\mathbb{S}^d)}{n \log n} = \frac{1}{d} \frac{\Gamma\left(\frac{d+1}{2}\right)}{\sqrt{\pi} \Gamma\left(\frac{d}{2}\right)} =: \tau_d, \quad p = d;$$
(3.5)

$$\lim_{n \to \infty} \frac{M_n^p(\mathbb{S}^d)}{n} = 2^{d-p-1} \frac{\Gamma\left(\frac{d+1}{2}\right)\Gamma\left(\frac{d-p}{2}\right)}{\sqrt{\pi}\,\Gamma\left(d-\frac{p}{2}\right)}, \quad 0 (3.6)$$

Furthermore, the following upper estimates hold for all  $n \ge 3$ .

$$M_{n}^{p}(\mathbb{S}^{d}) \leq \begin{cases} \left(\frac{np\tau_{d}}{p-d}\right)^{p/d}, & p > d, \\ \tau_{d}\frac{n[\log n + \log(\log n) + \log(2^{d}\tau_{d})]}{1 - (\log n)^{-1}}, & p = d, \\ n2^{d-p-1}\frac{\Gamma\left(\frac{d+1}{2}\right)\Gamma\left(\frac{d-p}{2}\right)}{\sqrt{\pi}\Gamma\left(d-\frac{p}{2}\right)}, & 0 (3.7)$$

**Theorem 3.2.** For the unit ball  $\mathbb{B}^d$ , we have

$$\liminf_{n \to \infty} \frac{M_n^p(\mathbb{B}^d)}{n^{p/d}} \ge C_{p,d} \left(\frac{\Gamma\left(\frac{d}{2}+1\right)}{\pi^{d/2}}\right)^{p/d}, \quad p > d;$$
(3.8)

$$\lim_{n \to \infty} \frac{M_n^p(\mathbb{B}^d)}{n \log n} = 1, \quad p = d;$$
(3.9)

$$\lim_{n \to \infty} \frac{M_n^p(\mathbb{B}^d)}{n} = \frac{\Gamma\left(\frac{d-p}{2}\right)\Gamma\left(\frac{p}{2}+1\right)}{\Gamma\left(\frac{d}{2}\right)}, \quad 0 \le d-2 0; \tag{3.10}$$

$$\frac{M_n^p(\mathbb{B}^d)}{n} = 1, \quad 0 
(3.11)$$

*Furthermore, the following upper estimates hold for all*  $n \ge 3$ *:* 

$$M_{n}^{p}(\mathbb{B}^{d}) \leq \begin{cases} \left(\frac{pn}{p-d}\right)^{p/d}, & p > d, \\ \frac{n[\log n + \log(\log n) + d\log 2]}{1 - (\log n)^{-1}}, & p = d, \\ \frac{n\Gamma\left(\frac{d-p}{2}\right)\Gamma\left(\frac{p}{2} + 1\right)}{\Gamma\left(\frac{d}{2}\right)} & d-2 0. \end{cases}$$
(3.12)

**Remark 1.** It is easily seen that for p > d and  $n \ge 2^d$ , we have  $M_n^p(\mathbb{B}^d) \ge 4^{-p}n^{p/d}$ . Indeed, let  $\{\mathbf{x}_1, \mathbf{x}_2, \dots, \mathbf{x}_m\}$  be a maximal  $\delta$ -net in  $\mathbb{B}^d$  with  $\delta := 4n^{-1/d}$ . Then

$$m\beta_d(\delta/2)^d \le \beta_d(1+\delta/2)^d$$
,

so

$$m \le \left(\frac{1+\delta/2}{\delta/2}\right)^d \le \left(\frac{4}{\delta}\right)^d \le n$$

Also, for every  $\mathbf{x} \in \mathbb{B}^d$ , there is an  $\mathbf{x}_k \in {\mathbf{x}_1, \mathbf{x}_2, \dots, \mathbf{x}_m}$  such that  $|\mathbf{x} - \mathbf{x}_k| \le \delta$ . Therefore,

$$\sum_{j=1}^{m} |\mathbf{x} - \mathbf{x}_j|^{-p} \ge |\mathbf{x} - \mathbf{x}_k|^{-p} \ge \delta^{-p} = 4^{-p} n^{p/d}.$$

Observe further that for the case  $0 , we have <math>M_n^p(\mathbb{B}^d) \ge n$  since we can take all the points  $\mathbf{x}_j$  equal to  $\mathbf{0}$ , the center of the unit ball  $\mathbb{B}^d$ , and, moreover, such points are optimal in the case when 0 (see the proof of (3.11) in Section 5).

**Remark 2.** For the case p > d the above theorems establish the asymptotically sharp order (namely  $n^{p/d}$ ) but not the sharp coefficient for the unit sphere and unit ball. Note, however, from the lower estimates in (2.5), (3.4) and (3.8) that, for  $A = \mathbb{B}^d$  or  $A = \mathbb{S}^d$ , we have

$$\lim_{p \to d^+} \left( \liminf_{n \to \infty} \frac{M_n^p(A)}{n^{p/d}} \right) = \infty.$$

This is clearly consistent with the upper bounds provided in Theorems 3.1 and 3.2 for the case p > d.

We conclude this section with the following conjectures, which would be analogs of Theorems 2.1 and 2.2.

**Conjecture 1.** Let p > d and  $m \ge d$ , where p and m are integers. We conjecture that for every infinite compact d-rectifiable set A in  $\mathbb{R}^m$ , there should hold

$$\lim_{n \to \infty} \frac{M_n^p(A)}{n^{p/d}} = \frac{\sigma_{p,d}}{\mathcal{H}_d(A)^{p/d}},\tag{3.13}$$

where  $\sigma_{p,d}$  is a positive and finite constant independent of A and m.

We further conjecture that if A is d-rectifiable with  $\mathcal{H}_d(A) > 0$ , then any sequence  $\{\omega_n^*\}_{n=2}^{\infty}$  of p-polarization maximizing configurations on A is asymptotically uniformly distributed on A with respect to  $\mathcal{H}_d$ .

In particular, (1.4) implies that the constant  $\sigma_{p,1}$  appearing in this conjecture would have to equal  $2(2^p - 1)\zeta(p)$ .

**Conjecture 2.** Let  $d \in \mathbb{N}$  and A be an infinite compact subset of a d-dimensional  $C^1$ -manifold embedded in  $\mathbb{R}^m$ . Then we conjecture that

$$\lim_{n \to \infty} \frac{M_n^p(A)}{n \log n} = \frac{\beta_d}{\mathcal{H}_d(A)},\tag{3.14}$$

where  $\beta_d$  is the volume of the *d*-dimensional unit ball.

The results of this section assert that (3.14) holds for spheres and balls.

# 4. Polarization on the unit circle

In this section we explore some connections between polynomial inequalities and the polarization inequality recently proved in [9]. Let g be a positive-valued even function defined on  $\mathbb{R} \setminus (2\pi\mathbb{Z})$  that is periodic with period  $2\pi$ . We denote by  $\Omega_n$  the collection of all sets

$$\omega_n := \{t_1 < t_2 < \cdots < t_n\} \subset [0, 2\pi)$$

and put

$$\widetilde{\omega}_n := \{\widetilde{t}_1 < \widetilde{t}_2 < \cdots < \widetilde{t}_n\} \subset [0, 2\pi)$$

with

$$\widetilde{t}_j := 2(j-1)\pi/n, \quad j = 1, 2, \dots, n.$$

We introduce the notation

$$P_{\omega_n(t)} := \sum_{j=1}^n g(t-t_j), \qquad P_{\widetilde{\omega}_n}(t) := \sum_{j=1}^n g(t-\widetilde{t}_j).$$

In [9] the following theorem is proved.

**Theorem 4.1.** Let g be a positive-valued even function defined on  $\mathbb{R} \setminus (2\pi\mathbb{Z})$  that is periodic with period  $2\pi$ . If g is non-increasing and strictly convex on  $(0, \pi]$ , then

$$\max_{\omega_n\in\Omega_n}\left\{\min_{t\in[-\pi,\pi)}P_{\omega_n}(t)\right\}=P_{\widetilde{\omega}_n}(\pi/n).$$

In fact, a closer look at the proof of the main result in [9] shows that the following Riesz lemma type improvement also holds.

**Theorem 4.2.** Let g be a positive-valued even function defined on  $\mathbb{R} \setminus (2\pi\mathbb{Z})$  that is periodic with period  $2\pi$ . If g is non-increasing and strictly convex on  $(0, \pi]$ , then there is a number  $\gamma \in [0, 2\pi)$  (depending on  $\omega_n$ ) such that

$$P_{\omega_n}(t) \le P_{\widetilde{\omega}_n}(t-\gamma), \quad t \in (\gamma, \gamma + 2\pi/n),$$

for every  $\omega_n \in \Omega_n$ .

A consequence of Theorem 4.2 is the following discrete version of Theorem 4.1.

**Theorem 4.3.** Let g be a positive-valued even function defined on  $\mathbb{R} \setminus (2\pi\mathbb{Z})$  that is periodic with period  $2\pi$ . If g is non-increasing and strictly convex on  $(0, \pi]$ , then

$$\max_{\omega_n\in\Omega_n}\left\{\min_{t\in\widetilde{\omega}_{2n}}P_{\omega_n}(t)\right\}=P_{\widetilde{\omega}_n}(\pi/(2n)),$$

and equality holds when  $\omega_n = \omega_n^* = \{t_1^* < t_2^* < \cdots < t_n^*\}$  with

$$t_j^* = \frac{\pi}{2n} + \frac{2(j-1)\pi}{n}, \quad j = 1, 2, \dots, n.$$

**Proof.** Let  $\gamma$  be the number guaranteed by Theorem 4.2. Observe that  $\widetilde{\omega}_{2n}$  has exactly two points in the interval  $(\gamma, \gamma + 2\pi/n) \pmod{2\pi}$ . Denote these points by  $\alpha$  and  $\beta = \alpha + \pi/n$ . Due to the fact that  $P_{\widetilde{\omega}_n}$  is non-increasing on  $(0, \pi/n)$  and

$$P_{\widetilde{\omega}_n}(t) = P_{\widetilde{\omega}_n}(2\pi/n - t), \quad t \in (0, 2\pi/n),$$

we have

$$\min\{P_{\widetilde{\omega}_n}(\alpha-\gamma), P_{\widetilde{\omega}_n}(\beta-\gamma)\} \le P_{\widetilde{\omega}_n}(\pi/(2n))$$

which finishes the proof of the inequality of the theorem. The fact that equality holds in the case described in the theorem is obvious.  $\Box$ 

Associated with  $\omega_n := \{t_1 < t_2 < \cdots < t_n\} \subset [0, 2\pi)$  let

$$Q_{\omega_n}(t) := \prod_{j=1}^n \sin\left(\frac{t-t_j}{2}\right).$$

 $\langle \rangle$ 

Let

$$T_n(t) := Q_{\widetilde{\omega}_n}(t) = 2^{1-n} \sin\left(\frac{nt}{2}\right)$$

Our next three theorems are consequences of Theorems 4.2 and 4.3.

**Theorem 4.4.** There is a number  $\gamma \in [0, 2\pi)$  (depending on  $\omega_n$ ) such that

$$-(\log |Q_{\omega_n}|)^{(m)}(t) \le -(\log |T_n|)^{(m)}(t), \quad t \in (\gamma, \gamma + 2\pi/n),$$

for every  $\omega_n \in \Omega_n$  and for every even integer m > 0.

Theorem 4.5. Let

$$E(\omega_n) := [0, 2\pi) \setminus \bigcup_{j=1}^n \left( t_j - \pi/n, t_j + \pi/n \right) \pmod{2\pi}.$$

We have

$$\max_{\omega_n \in \Omega_n} \left\{ \min_{t \in E(\omega_n)} -(\log |Q_{\omega_n}|)^{(m)}(t) \right\} = -(\log |T_n|)^{(m)}(\pi/n)$$

for every even integer m > 0.

**Theorem 4.6.** We have

$$\max_{\omega_n \in \Omega_n} \left\{ \min_{t \in \widetilde{\omega}_{2n}} -(\log |Q_{\omega_n}|)^{(m)}(t) \right\} = -(\log |T_n|)^{(m)}(\pi/(2n)),$$

for every even integer m > 0, and equality holds when  $\omega_n = \omega_n^* = \{t_1^* < t_2^* < \cdots < t_n^*\}$  with

$$t_j^* = \frac{\pi}{2n} + \frac{2(j-1)\pi}{n}, \quad j = 1, 2, \dots, n.$$

**Proof of Theorem 4.4.** For the sake of brevity let  $Q := Q_{\omega_n}(t)$ . Let  $t \notin \omega_n \pmod{2\pi}$ . We have

$$(\log|Q|)''(t) = \left(\frac{Q'}{Q}\right)'(t) = \frac{d}{dt}\left(\frac{1}{2}\sum_{j=1}^{n}\cot\left(\frac{t-t_j}{2}\right)\right) = -\frac{1}{4}\sum_{j=1}^{n}\csc^2\left(\frac{t-t_j}{2}\right),$$

and hence

$$-(\log |Q|)^{(m)}(t) = \frac{1}{4} \sum_{j=1}^{n} f^{(m-2)}(t-t_j) = \sum_{j=1}^{n} g_m(t-t_j),$$

where  $f(t) := \csc^2(t/2)$  and  $g_m(t) := \frac{1}{4}f^{(m-2)}(t)$ . It is well known and elementary to check that

$$\tan t = \sum_{j=1}^{\infty} a_j t^j, \quad t \in (-\pi/2, \pi/2),$$

with each  $a_j \ge 0$ ,  $j = 1, 2, \dots$  Hence, if  $h(t) = \tan(t/2)$ , then

$$h^{(k)}(t) > 0, \quad t \in (0,\pi), \ k = 0, 1, \dots$$

Now observe that

$$f(t) = \csc^2\left(\frac{t}{2}\right) = \sec^2\left(\frac{\pi - t}{2}\right) = 2h'(\pi - t),$$

and hence,

$$(-1)^k f^{(k)}(t) = 2h^{(k+1)}(\pi - t) > 0, \quad t \in (0, \pi).$$

This implies that if m > 0 is an even integer,  $g_m(t) = \frac{1}{4}f^{(m-2)}(t)$  is a positive, decreasing, strictly convex function on  $(0, \pi)$ . It is also clear that if m is even, then  $g_m$  is even since f is

even. Now we can apply Theorem 4.2 to deduce that there is a number  $\gamma \in [0, 2\pi)$  (depending on  $\omega_n$ ) such that

$$-(\log |Q_{\omega_n}|)^{(m)}(t) = \sum_{j=1}^n g_m(t-t_j) \le -(\log |T_n|)^{(m)}(t), \quad t \in [\gamma, \gamma + 2\pi/n)$$

and the proof is finished.  $\Box$ 

**Proof of Theorem 4.5.** The theorem follows from Theorem 4.4 immediately.  $\Box$ 

**Proof of Theorem 4.6.** We use the notation and the observations in the proof of Theorem 4.4. However, at the end of the proof we use Theorem 4.3 to deduce that

$$\min_{t\in\widetilde{\omega}_{2n}}Q_{\omega_n}(t)\leq T_n(\pi/(2n)),$$

and equality holds when  $Q_{\omega_n} = T_n$ .  $\Box$ 

We conclude this section by giving an independent proof of the unit circle polarization conjecture in [2] for the case p = 4, where we show that, for  $z_1, z_2, \ldots, z_n \in \mathbb{S}^1$ , a "good polarization point"  $z_0 \in \mathbb{S}^1$  can be chosen so that

$$\prod_{j=1}^{n} |z_0 - z_j| = \max_{z \in \mathbb{S}^1} \prod_{j=1}^{n} |z - z_j|.$$
(4.1)

**Theorem 4.7.** *If*  $z_1, z_2, ..., z_n \in S^1$ *, then* 

$$\min_{z \in \mathbb{S}^1} \sum_{j=1}^n \frac{1}{|z - z_j|^4} \le \frac{n^4}{48} + \frac{n^2}{24}, \quad n \ge 1,$$

and equality holds when the points  $z_j$  are distinct and equally spaced on  $\mathbb{S}^1$ ; that is, (1.5) holds. Moreover, if  $z_1, z_2, \ldots, z_n \in \mathbb{S}^1$ , and  $z_0 \in \mathbb{S}^1$  is chosen so that (4.1) holds, then

$$\sum_{j=1}^{n} \frac{1}{|z_0 - z_j|^4} \le \frac{n^4}{48} + \frac{n^2}{24}, \quad n \ge 1$$

This result naturally suggests the following open question.

**Problem.** For what values of  $p \in (0, \infty)$  is it true that

$$\sum_{j=1}^{n} \frac{1}{|z_0 - z_j|^p} \le M_n^p(\mathbb{S}_1)$$

whenever  $z_1, z_2, \ldots, z_n \in \mathbb{S}_1$  and  $z_0 \in \mathbb{S}_1$  satisfies (4.1)?

In addition to the value p = 4, a closer look at the main result in [2] shows that p = 2 is also such a value.

**Proof of Theorem 4.7.** Write  $z_j = e^{it_j}, t_j \in [0, 2\pi), j = 1, 2, ..., n$ , and set

$$Q_n(t) := \prod_{j=1}^n \sin\left(\frac{t-t_j}{2}\right).$$

Then  $H_n$  defined by  $H_n(t) := Q_n(2t)$  is a real trigonometric polynomial of degree *n*. We have the following identities:

$$\begin{aligned} \frac{Q'_n(t)}{Q_n(t)} &= \frac{1}{2} \sum_{j=1}^n \cot\left(\frac{t-t_j}{2}\right), \\ \left(\frac{Q'_n}{Q_n}\right)'(t) &= -\frac{1}{4} \sum_{j=1}^n \csc^2\left(\frac{t-t_j}{2}\right) = -\frac{1}{4} \sum_{j=1}^n \sin^{-2}\left(\frac{t-t_j}{2}\right), \\ \left(\frac{Q'_n}{Q_n}\right)''(t) &= \frac{1}{4} \sum_{j=1}^n \cos\left(\frac{t-t_j}{2}\right) \sin^{-3}\left(\frac{t-t_j}{2}\right), \\ \left(\frac{Q'_n}{Q_n}\right)'''(t) &= \frac{1}{4} \sum_{j=1}^n \left(\sin^{-2}\left(\frac{t-t_j}{2}\right) - \frac{3}{2} \sin^{-4}\left(\frac{t-t_j}{2}\right)\right), \end{aligned}$$

so

$$\frac{3}{8}\sum_{j=1}^{n}\sin^{-4}\left(\frac{t-t_{j}}{2}\right) = -\left(\frac{Q_{n}'}{Q_{n}}\right)^{\prime\prime\prime}(t) - \left(\frac{Q_{n}'}{Q_{n}}\right)^{\prime}(t).$$

On the other hand,

$$\left(\frac{Q'_n}{Q_n}\right)^{\prime\prime\prime} = \frac{Q_n^{(4)}}{Q_n} - 3Q_n^{\prime\prime\prime}\frac{Q'_n}{Q_n^2} - 3Q_n^{\prime\prime}\left(\frac{Q_n^{\prime\prime}Q_n^2 - 2Q_nQ_n^{\prime}Q_n^{\prime}}{Q_n^4}\right) + Q_n^{\prime}\left(\frac{1}{Q_n}\right)^{\prime\prime\prime}$$

and

$$\left(\frac{Q'_n}{Q_n}\right)' = \frac{Q''_n}{Q_n} - \left(\frac{Q'_n}{Q_n}\right)^2.$$

Hence

$$\left(\frac{Q'_n}{Q_n}\right)^{\prime\prime\prime}(t_0) = \frac{Q_n^{(4)}}{Q_n}(t_0) - 3\left(\frac{Q''_n}{Q_n}\right)^2(t_0) \text{ and } \left(\frac{Q'_n}{Q_n}\right)^{\prime}(t_0) = \frac{Q''_n}{Q_n}(t_0)$$

at every point  $t_0$  such that  $Q'_n(t_0) = 0$ . So if  $z_0 = e^{it_0} \in \mathbb{S}^1$  is chosen so that

$$|Q_n(t_0)| = \max_{t \in [-\pi,\pi]} |Q_n(t)|,$$

then

$$6\sum_{j=1}^{n} \frac{1}{|z_0 - z_j|^4} = \left(3\left(\frac{Q_n''}{Q_n}\right)^2 - \frac{Q_n^{(4)}}{Q_n} - \frac{Q_n''}{Q_n}\right)(t_0)$$
$$= \left(\frac{3}{16}\left(\frac{H_n''}{H_n}\right)^2 - \frac{1}{16}\frac{H_n^{(4)}}{H_n} - \frac{1}{4}\frac{H_n''}{H_n}\right)\left(\frac{t_0}{2}\right).$$

Without loss of generality we may assume that  $t_0 = 0$  and  $z_0 = 1$ . Set

$$F(H_n) := \left(\frac{3}{16}(H_n'')^2 - \frac{1}{16}H_n^{(4)} - \frac{1}{4}H_n''\right)(0)$$

and let  $A_n$  be the set of all real trigonometric polynomials  $H_n$  of degree at most n such that

$$H_n(0) = \max_{t \in [-\pi,\pi]} |H_n(t)| = 1.$$

A simple compactness argument shows that there is a  $\widetilde{H}_n \in \mathcal{A}_n$  such that

$$F(\tilde{H}_n) = \sup_{H_n \in \mathcal{A}_n} F(H_n)$$

Let

$$\widetilde{U}_n(t) \coloneqq \frac{1}{2}(\widetilde{H}_n(t) + \widetilde{H}_n(-t)).$$

Then  $\widetilde{U}_n \in \mathcal{A}_n$  is even and  $F(\widetilde{U}_n) = F(\widetilde{H}_n)$ . Since  $\widetilde{U}_n \in \mathcal{A}_n$  is even, it is of the form

$$\widetilde{U}_n(t) =: \widetilde{P}_n(\cos t)$$

for a  $\widetilde{P}_n \in \mathcal{P}_n$  satisfying

$$\widetilde{P}_n(1) = \max_{x \in [-1,1]} |\widetilde{P}_n(x)| = 1,$$

where  $\mathcal{P}_n$  denotes the set of all real algebraic polynomials of degree at most *n*.

Observe that  $U_n \in \mathcal{A}_n$  is even if and only if it is of the form

$$U_n(t) =: P_n(\cos t)$$

for a  $P_n \in \mathcal{P}_n$  satisfying

$$P_n(1) = \max_{x \in [-1,1]} |P_n(x)| = 1.$$

A simple calculation shows that

$$U_n(0) = P_n(1),$$
  $U''_n(0) = -P'_n(1),$   $U''_n(0) = 3P''_n(1) + P'_n(1).$ 

Let

$$G(P_n) := F(U_n) = \left(\frac{3}{16}(U_n'')^2 - \frac{1}{16}U_n^{(4)} - \frac{1}{4}U_n''\right)(0)$$
$$= \frac{3}{16}((P_n')^2 - P_n'' + P_n')(1).$$

We have

$$G(P_n) = F(U_n) \le F(\widetilde{H}_n) = F(\widetilde{U}_n) = G(\widetilde{P}_n)$$

for every  $P_n \in \mathcal{P}_n$  such that

$$P_n(1) = \max_{x \in [-1,1]} |P_n(x)| = 1.$$

Next we show by a simple variational method that  $\widetilde{P}_n \in \mathcal{P}_n$  equioscillates between -1 and 1 at least *n* times on [-1, 1]. That is, there are

$$-1 \le y_n < y_{n-1} < \cdots < y_1 = 1$$

such that

$$\widetilde{P}_n(y_j) = (-1)^{j-1}, \quad j = 1, 2, \dots, n.$$

140

To show this, first we observe that  $\widetilde{P}'_n(1) > 0$  since  $\widetilde{P}'_n(1) \ge 0$ , and Markov's inequality for the second derivative (see p. 249 of [5]) together with  $\widetilde{P}'_n(1) = 0$  would imply that

$$G(\widetilde{P}_n) = \frac{3}{16} ((\widetilde{P}'_n)^2 - \widetilde{P}''_n + \widetilde{P}'_n)(1) = \frac{-3}{16} \widetilde{P}''_n(1)$$
  
$$\leq \frac{3}{16} T''_n(1) = \frac{3}{16} \frac{n^2(n^2 - 1)}{3} < \frac{1}{16} (2n^4 + 4n^2) = G(T_n),$$

where  $T_n$  is the Chebyshev polynomial of degree *n* defined by  $T_n(\cos t) = \cos(nt)$ , and this contradicts the extremal property of  $\tilde{P}_n$ . Now let

$$E := \{ y \in [-1, 1] : |\tilde{P}(y)| = 1 \}.$$

We list the elements of E as

$$E = \{1 = y_1 > y_2 > \dots > y_\mu\},\$$

where

$$\widetilde{P}_n(y_{k_j}) = \widetilde{P}_n(y_{k_j+1}) = \dots = \widetilde{P}_n(y_{k_{j+1}-1}), \quad j = 0, 1, \dots, m-1,$$

and

$$\widetilde{P}_n(y_{k_j}) = -\widetilde{P}_n(y_{k_j-1}) = (-1)^j, \quad j = 1, 2, \dots, m-1,$$

for some

$$1 = k_0 < k_1 < \cdots < k_m = \mu + 1.$$

Now we pick

$$\alpha_j \in (y_{k_j}, y_{k_j-1}), \quad j = 1, 2, \dots, m-1.$$

Assume that  $m \leq n - 1$ . For the polynomial  $R_n \in \mathcal{P}_n$  defined by

$$R_n(x) := (x-1)^2 \prod_{j=1}^{m-1} (x-\alpha_j)$$

we have

$$R_n(y)\widetilde{P}_n(y) > 0, \quad y \in E \setminus \{1\},$$
  
 $R_n(1) = R'_n(1) = 0 \text{ and } R''_n(1) > 0.$ 

These properties together with  $\widetilde{P}'_n(1) > 0$  imply that for a sufficiently small value of  $\varepsilon > 0$  the polynomial

$$S_n = \widetilde{P}_n - \varepsilon R_n \in \mathcal{P}_n$$

satisfies

$$S_n(1) = \max_{x \in [-1,1]} |S_n(x)| = 1$$

and  $G(S_n) > G(\widetilde{P}_n)$ , so  $S_n \in \mathcal{P}_n$  contradicts the extremal property of  $\widetilde{P}_n$ . This finishes the proof of the fact that  $\widetilde{P}_n \in \mathcal{P}_n$  equioscillates between -1 and 1 at least *n* times on [-1, 1], as we claimed.

As a consequence, the Intermediate Value Theorem implies that  $\widetilde{P}_n$  has at least n-1 zeros in (-1, 1), say

$$(-1 <)x_{n-1} < x_{n-2} < \cdots < x_1 (< 1).$$

Observe that the polynomial  $\widetilde{P}_n \in \mathcal{P}_n$  has an odd number of zeros (by counting multiplicities) in each of the intervals  $(y_{j+1}, y_j)$  for j = 1, 2, ..., n-1; hence  $x_j$  is the only (simple) zero of  $\widetilde{P}_n$  in  $(y_{j+1}, y_j)$  for each j = 1, 2, ..., n-1. Therefore  $\widetilde{P}_n$  has only real zeros and it is of the form

$$\widetilde{P}_n(x) = c \prod_{j=1}^{\mu} (x - x_j)$$

with either  $\mu = n - 1$  or  $\mu = n$ , and in the case  $\mu = n$  we have  $x_n \in \mathbb{R} \setminus [y_n, 1]$ . Note that

$$\frac{\widetilde{P}'_n(x)}{\widetilde{P}_n(x)} = \sum_{j=1}^{\mu} \frac{1}{x - x_j}, \qquad \left(\frac{\widetilde{P}'_n(x)}{\widetilde{P}_n(x)}\right)' = -\sum_{j=1}^{\mu} \frac{1}{(x - x_j)^2},$$

and

$$G(\widetilde{P}_n) = \frac{3}{16} \left( \frac{(\widetilde{P}'_n)^2 - \widetilde{P}''_n \widetilde{P}_n}{(\widetilde{P}_n)^2} + \frac{\widetilde{P}'_n}{\widetilde{P}_n} \right) (1) = \frac{3}{16} \left( \sum_{j=1}^{\mu} \frac{1}{(1-x_j)^2} + \sum_{j=1}^{\mu} \frac{1}{(1-x_j)} \right)$$

If  $\mu = n - 1$ , then  $\widetilde{P}_n$  equioscillates between -1 and 1 on [-1, 1] the maximum number of times, so  $\widetilde{P}_n \equiv T_{n-1}$ , where  $T_{n-1}$  is the Chebyshev polynomial of degree n - 1 defined by  $T_{n-1}(\cos t) = \cos((n-1)t)$ . Hence

$$G(\widetilde{P}_n) = \frac{3}{16} \left( \sum_{j=1}^{\mu} \frac{1}{(1-x_j)^2} + \sum_{j=1}^{\mu} \frac{1}{1-x_j} \right)$$
  
=  $\frac{3}{16} \left( \frac{(T'_{n-1})^2 - T''_{n-1}T_{n-1}}{T^2_{n-1}} + \frac{T'_{n-1}}{T_{n-1}} \right) (1)$   
=  $\frac{3}{16} \left( (n-1)^4 - \frac{(n-1)^2((n-1)^2 - 1)}{3} + (n-1)^2 \right)$   
=  $\frac{1}{8} (n-1)^4 + \frac{1}{4} (n-1)^2.$ 

If  $\mu = n$  we must have  $x_n \in (-\infty, y_n) \cup (1, \infty)$ . However,  $1 < x_n$  would imply that

$$Y_n(x) := -c(x - (2 - x_n)) \prod_{j=1}^{n-1} (x - x_j)$$

satisfies

$$Y_n(1) = \max_{x \in [-1,1]} |Y_n(x)| = 1$$
 and  $G(Y_n) = G(\widetilde{P}_n)$ ,

and hence  $Y_n \in \mathcal{P}_n$  also shares the extremal property of  $\widetilde{P}_n$  while it has all its zeros in  $(-\infty, 1)$ . Hence  $x_n < y_n < x_{n-1}$ . But then  $\widetilde{P}_n$  is just the Chebyshev polynomial  $T_n$  transformed linearly from the interval [-1, 1] to  $[\eta, 1]$  for some  $\eta \leq -1$ . This implies that

$$G(\widetilde{P}_n) = \frac{3}{16} \left( \sum_{j=1}^{\mu} \frac{1}{(1-x_j)^2} + \sum_{j=1}^{\mu} \frac{1}{1-x_j} \right)$$
  
=  $\frac{3}{16} \left( \left( \frac{2}{1-\eta} \right)^2 \frac{(T'_n)^2 - T''_n T_n}{T_n^2} + \frac{2}{1-\eta} \frac{T'_n}{T_n} \right) (1)$   
 $\leq \frac{3}{16} \left( n^4 - \frac{n^2(n^2-1)}{3} + n^2 \right) = \frac{1}{8} n^4 + \frac{1}{4} n^2.$ 

Now we conclude that

$$G(\widetilde{P}_n) \le G(T_n) = \frac{1}{8}n^4 + \frac{1}{4}n^2,$$

and hence

$$F(\widetilde{H}_n) = G(\widetilde{P}_n) \le G(T_n) = \frac{1}{8}n^4 + \frac{1}{4}n^2.$$

Therefore

$$6\sum_{j=1}^{n} \frac{1}{|z_0 - z_j|^4} = F(H_n) \le F(\widetilde{H}_n) \le G(T_n) = \frac{1}{8}n^4 + \frac{1}{4}n^2,$$

and this completes the proof.  $\Box$ 

We conclude this section by mentioning two formulas that may be useful for future investigation of the polarization problem for the unit circle. Let

$$A_p(t) := \sum_{j=1}^n \frac{1}{|e^{it} - z_j|^p}, \quad p > 0,$$

where  $z_j = e^{it_j} \in \mathbb{S}^1$ , j = 1, 2, ..., n. Then a straightforward calculation yields the following:

$$A_2(t) = \frac{(Q'_n(t))^2 - Q''_n(t)Q_n(t)}{(Q_n(t))^2} \quad \text{with } Q_n(t) := \prod_{j=1}^n \sin\left(\frac{t-t_j}{2}\right),$$

and

$$A_{p+2}(t) = \frac{1}{p^2 + p} \left( A_p''(t) + \frac{p^2}{4} A_p(t) \right), \quad p > 0.$$

# 5. Proofs of Theorems 2.4, 3.1 and 3.2

**Proof of Theorem 2.4.** We proceed with an argument similar to that in [11]. Let  $\omega_n = {\mathbf{x}_j}_{j=1}^n \subset A$ . Setting

$$r_n := (2nC_0)^{-1/d}, \qquad D_j := A \setminus B^m(\mathbf{x}_j, r_n), \quad \mathcal{D} := \bigcap_{j=1}^n D_j,$$

we have from (2.14) that

$$\mu(\mathcal{D}) \ge 1 - \sum_{j=1}^{n} \mu(B^{m}(\mathbf{x}_{j}, r_{n}) \cap A) \ge 1 - nC_{0}r_{n}^{d} = \frac{1}{2}.$$

Thus, for

$$f_n(\mathbf{x}) := \sum_{j=1}^n |\mathbf{x} - \mathbf{x}_j|^{-p},$$

we obtain

$$M^{p}(\omega_{n}, A) \leq \frac{1}{\mu(\mathcal{D})} \int_{\mathcal{D}} f_{n}(\mathbf{x}) d\mu(\mathbf{x}) \leq 2 \sum_{j=1}^{n} \int_{D_{j}} |\mathbf{x} - \mathbf{x}_{j}|^{-p} d\mu(\mathbf{x}).$$
(5.1)

Next, we bound the integrals over  $D_i$  utilizing (2.14):

$$\begin{split} \int_{D_j} |\mathbf{x} - \mathbf{x}_j|^{-p} \, d\mu(\mathbf{x}) &= \int_0^\infty \mu\{\mathbf{x} \in D_j : |\mathbf{x} - \mathbf{x}_j|^{-p} > t\} \, dt \\ &\leq 1 + \int_1^{r_n^{-p}} \mu(B^m(\mathbf{x}_j, t^{-1/p}) \cap A) \, dt \\ &\leq 1 + C_0 \int_1^{r_n^{-p}} \frac{1}{t^{d/p}} \, dt, \end{split}$$

where we assume that n is sufficiently large so that  $r_n^{-p} > 1$ . Thus from (5.1) it follows that

$$M^{p}(\omega_{n}, A) \leq 2n \left( 1 + C_{0} \int_{1}^{r_{n}^{-p}} \frac{1}{t^{d/p}} dt \right).$$
(5.2)

Consequently, for p > d we get

$$M^{p}(\omega_{n}, A) \leq 2n \left( 1 + C_{0} \frac{p}{p-d} [r_{n}^{d-p} - 1] \right) \leq \frac{c_{p}}{p-d} n^{p/d}$$
(5.3)

and for p = d we obtain

$$M^{d}(\omega_{n}, A) \leq 2n[1 + C_{0}\log(r_{n}^{-d})] = 2n[1 + C_{0}\log(2nC_{0})] \leq c_{1}n\log n.$$
(5.4)

This completes the proof of parts (2.11) and (2.12) of Theorem 2.4, while (2.13) follows immediately upon integration of  $f_n(\mathbf{x})$  with respect to  $d\mu_A$ .  $\Box$ 

**Proof of Theorem 3.1.** Inequality (3.4) is an immediate consequence of (2.8), while Eq. (3.6) follows from (3.2), (2.10), and the last assertion in Theorem 2.4, since

$$\int |\mathbf{x} - \mathbf{y}|^{-p} \, d\sigma_d(y) = W_p(\mathbb{S}^d), \quad \mathbf{x} \in \mathbb{S}^d, \ p < d.$$
(5.5)

To prove Eq. (3.5), we first note that from (2.9) we have

$$\liminf_{n \to \infty} \frac{M_n^p(\mathbb{S}^d)}{n \log n} \ge \frac{\beta_d}{\mathcal{H}_d(\mathbb{S}^d)} = \frac{1}{d} \frac{\Gamma\left(\frac{d+1}{2}\right)}{\sqrt{\pi} \Gamma\left(\frac{d}{2}\right)} = \tau_d.$$

Hence, if we establish the upper estimate in (3.7) for p = d, then (3.5) will follow. For this purpose, we refine the argument used in the proof of Theorem 2.4. With  $\mu = \sigma_d$ , the following estimates are known for  $\mathbf{x} \in \mathbb{S}^d$  (cf. [11]):

$$\sigma_d(B^{d+1}(\mathbf{x}, r) \cap \mathbb{S}^d) \le \tau_d r^d, \tag{5.6}$$

144

and

$$\int_{\mathbb{S}^d \setminus B^{d+1}(\mathbf{x},r)} |\mathbf{x} - \mathbf{y}|^{-d} \, d\sigma_d(\mathbf{y}) = d\tau_d 2^{-d/2} \int_{-1}^{1-r^2/2} (1-t)^{-1} (1+t)^{\frac{d}{2}-1} \, dt$$
  
$$\leq d\tau_d \log(2/r),$$

for 0 < r < 2. Utilizing these estimates and using (5.1) with  $r_n = (\tau_d n \log n)^{-1/d}$ ,  $D_j = \mathbb{S}^d \setminus B^{d+1}(\mathbf{x}_j, r_n)$ , and  $n \ge 3$ , we obtain

$$\begin{split} M^{d}(\omega_{n}, A) &\leq \frac{1}{1 - n\tau_{d}r_{n}^{d}} \sum_{j=1}^{n} \int_{D_{j}} |\mathbf{x} - \mathbf{x}_{j}|^{-d} \, d\sigma_{d}(\mathbf{x}) \leq \frac{nd}{1 - n\tau_{d}r_{n}^{d}} \tau_{d} \log(2/r_{n}) \\ &= \frac{nd}{1 - (\log n)^{-1}} \tau_{d} \left( \log 2 + \frac{1}{d} \log(\tau_{d}n \log n) \right) \\ &= \tau_{d} \frac{n[\log n + \log(\log n) + \log(2^{d}\tau_{d})]}{1 - (\log n)^{-1}}. \end{split}$$

This completes the proof of (3.5) as well as the upper bound in (3.7) for the case p = d.

It remains to establish (3.7) for the cases p < d and p > d. But, as observed above, the former is a consequence of (2.13) and (5.5). So hereafter we assume p > d. From the estimate

$$\begin{split} \int_{\mathbb{S}^d \setminus B^{d+1}(\mathbf{x},r)} |\mathbf{x} - \mathbf{y}|^{-p} \, d\sigma_d(\mathbf{y}) &= d\tau_d 2^{-p/2} \int_{-1}^{1-r^2/2} (1-t)^{-\frac{p}{2} + \frac{d}{2} - 1} (1+t)^{\frac{d}{2} - 1} \, dt \\ &\leq d\tau_d 2^{-\frac{p}{2} + \frac{d}{2} - 1} \int_{-1}^{1-r^2/2} (1-t)^{-\frac{p}{2} + \frac{d}{2} - 1} \, dt \\ &= \frac{d\tau_d}{p-d} [r^{-p+d} - 2^{-p+d}], \quad r < 2, \end{split}$$

and inequality (5.5), we deduce (as above) that

$$M^{p}(\omega_{n}, A) \leq \frac{n}{1 - n\tau_{d}r^{d}} \left(\frac{d\tau_{d}}{p - d}\right) r^{-p + d}.$$
(5.7)

In this case, an optimal choice for r is

$$r=r_n=\left(\frac{p-d}{np\tau_d}\right)^{1/d},$$

which when substituted in (5.7) yields the estimate stated in inequality (3.7) for the case p > d.  $\Box$ 

**Proof of Theorem 3.2.** Assertion (3.8) is immediate from (2.8). Also the upper bounds in (3.12) for the cases p > d and p = d, can be established in the same way as in the proof of Theorem 3.1, with the measure  $\sigma_d$  replaced by normalized *d*-dimensional Lebesgue measure (volume measure). We leave the details for the reader. Furthermore, (3.9) follows from (3.12) together with Theorem 2.2.

For the case d - 2 , <math>p > 0, the upper estimate in (3.12) follows from (3.3), (2.13), and the fact that

$$\int \frac{1}{|\mathbf{x} - \mathbf{y}|^p} d\mu_p(\mathbf{y}) \le W_p(\mathbb{B}^d), \quad \mathbf{x} \in \mathbb{B}^d,$$

where  $\mu_p$  is the *p*-equilibrium probability measure on  $\mathbb{B}^d$  (cf. [12]). Together with (2.10), we also deduce (3.10). (Alternatively, one can apply the result of [7, Theorem 11] mentioned in Section 2 to deduce (3.10).)

It remains to establish (3.11). For this purpose observe that for the range  $0 , the kernel <math>K(\mathbf{x}, \mathbf{y}) = |\mathbf{x} - \mathbf{y}|^{-p}$  is superharmonic, so that the minimum principle applies. Let  $\omega_n = {\mathbf{x}_1, \mathbf{x}_2, \dots, \mathbf{x}_n}$  be a list of *n* points (not necessarily distinct) in  $\mathbb{B}^d$  and set

$$U(\mathbf{x}) := \sum_{k=1}^n \frac{1}{|\mathbf{x} - \mathbf{x}_k|^p}.$$

We claim that

$$M^{p}(\omega_{n}, \mathbb{B}^{d}) = \min\{U(\mathbf{x}) : \mathbf{x} \in \mathbb{B}^{d}\} \le n,$$
(5.8)

from which (3.11) will follow, since on taking all points  $\mathbf{x}_k$  to be at zero, we get that  $M_n^p(\mathbb{B}^d) \ge n$ . To establish (5.8), let  $\sigma_{d-1}$  denote normalized surface area measure on the boundary  $\mathbb{S}^{d-1}$  of  $\mathbb{B}^d$ . By the minimum principle we have

$$M^{p}(\omega_{n}, \mathbb{B}^{d}) = \min\{U(\mathbf{x}) : \mathbf{x} \in \mathbb{S}^{d-1}\} \leq \int_{\mathbb{S}^{d-1}} U(\mathbf{x}) \, d\sigma_{d-1}(\mathbf{x}).$$
(5.9)

Again applying the minimum principle, it follows that

$$V(\mathbf{y}) := \int_{\mathbb{S}^{d-1}} \frac{1}{|\mathbf{x} - \mathbf{y}|^p} \, d\sigma_{d-1}(\mathbf{x})$$

satisfies  $1 = V(\mathbf{0}) \ge \min\{V(\mathbf{y}) : |\mathbf{y}| = r\}$  for each  $0 \le r \le 1$ . But as is easily seen, V is constant on each sphere  $|\mathbf{y}| = r$ , from which we deduce that  $1 \ge V(\mathbf{y})$  for all  $\mathbf{y} \in \mathbb{B}^d$ . Therefore, from (5.9) we obtain

$$M^p(\omega_n, \mathbb{B}^d) \leq \sum_{k=1}^n V(\mathbf{x}_k) \leq n,$$

which establishes the claim and completes the proof.  $\Box$ 

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